

EMERGENCY NEWS FROM THE STATE OF WASHINGTON

State Emergency Operations Center, Camp Murray, Washington
Emergency Management Division, Washington Military Department

For immediate release

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State information about H1N1 swine flu outbreak

CAMP MURRAY, WASH. — Washington state agencies continue to work closely with state and local officials in responding to the H1N1 swine flu virus outbreak.

State Department of Health officials continue to recommend the following:

- Wash your hands frequently with gel or soap and warm water,
- Cough into your sleeve instead of your hands.
- Stay home if you are sick.

Key state Web sites and phone numbers for flu information:

- Department of Health **general flu information**: www.doh.wa.gov/swineflu
- Department of Health **toll-free phone line** with basic information, symptoms, prevention, treatment, and what to do if you're sick: 888-703-4364
- Number of probable and confirmed **flu cases** in Washington state, updated daily by the Department of Health: www.doh.wa.gov/swineflu/CountyMapNumbers.htm
- **School closure status** and other information for and about schools in the state, provided by the Office of the Superintendent of Public Instruction: <http://www.k12.wa.us/>.
- Swine flu **information for the state's agricultural industry** provided by the state Department of Agriculture:
<http://agr.wa.gov/FoodAnimal/AnimalHealth/H1N1Influenza.aspx>.
- **Multiple links to preparedness information** from local, state and federal sources about H1N1 Swine Flu, provided by the Washington Emergency Management Division:
http://www.emd.wa.gov/preparedness/prep_swineflu.shtml

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